

# St. Bede's Catholic College

Specialist Science and Sports College



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## Newsletter

Issue 288 29th November 2019

### STEM DAY

On Tuesday 26th November, 60 Year 9 pupils were involved in a STEM day sponsored by the National Grid. STEM days aim to help students connect the Science, Technology and Maths they know, to potential STEM careers. The students competed in a team-based project relating to developing a water filter that could also generate electricity. All the teams designed, created and tested their models before presenting their ideas to the group. Congratulations to the winners of the day: **Georgia Ellison, Hugo Sukenik, Martyna Grabiec, Nathan Wong, Paris Daly** and **Rumbidzai Bhunhu**. A fantastic day, enjoyed by all.



### REFLECTION—30th November—St. Andrew

This week we celebrate the feast day of St. Andrew. St. Andrew is the patron saint of Scotland.

Andrew and his brother Peter were fishermen from Galilee who were called by Jesus, to be his apostles, and to be fishers of men.

Among the 12, Andrew and Peter were especially close to Jesus.

Andrew spent many years on missionary work in various countries.

It is said that he died on an X-shaped cross, which is shown in the flag of Scotland. Although he probably never visited Scotland, it is said that his relics were brought, and the place they visited, was later called St. Andrews.



**Reflection:** "If we strive for goals, relishing in the pleasure of circumstance, nothing is enjoyable, and life becomes purposeless." Quote from St Andrew

**Prayer:** Prayer of St Andrew

O Glorious St. Andrew, you were the first to recognise and follow the Son of God. With your friend, St. John, you remained with Jesus, for your entire life, and now throughout eternity. Just as you led your brother, St Peter, to Christ and many others after him, draw us also to Him. Teach us how to lead them, solely out of love for Jesus and dedication to His service. Help us to learn the lesson of the Cross and carry our daily crosses without complaint, so that they may carry us to God the Almighty Father. Amen.

## DATES FOR YOUR DIARY

**2nd December 2019**

Year 11 Mock Exams

**2nd December 2019**

Week of Year 10 Exams in English, Maths and Science

**9th December 2019**

Great St. Bede's Bake Off

**12th December 2019**

Year 13 Parents' Evening 4.30pm—7.30pm

**18th December 2019**

Advent Service 6.30pm

**20th December 2019**

**End of Term 2**

**6th January 2020**

**Start of Term 3  
Week B**



## YOUNG ENTERPRISE—BOOKS OF LIFE

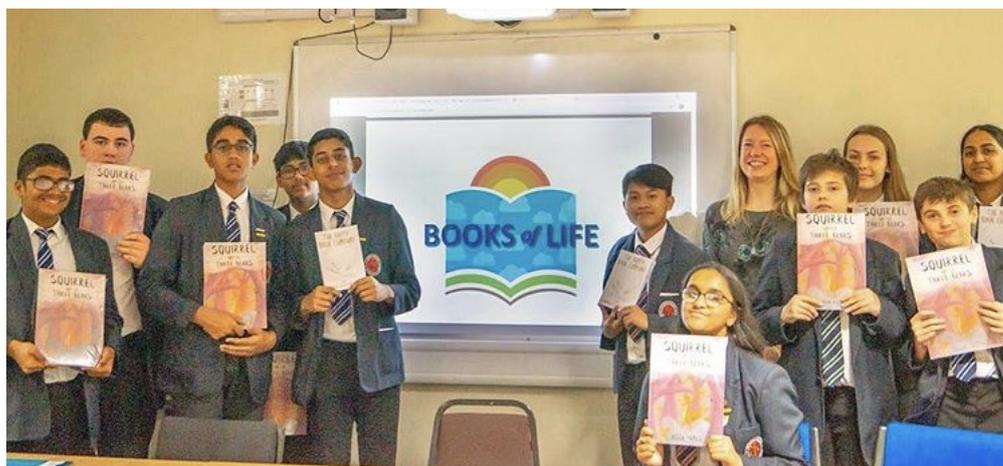
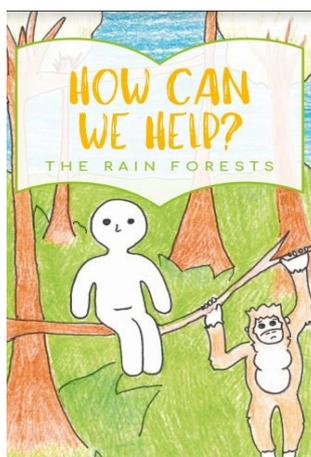
The Young Enterprise team are tackling environmental issues with their first children's book 'How Can We Help? The Rainforests'. The team aims to create a series of 'How Can We Help?' books, which help children through world issues in a relatable and positive way, ultimately guiding them to take meaningful action. The book series has no hero characters to idolise, as the team wants the true hero to be the reader of the book. The main character is anonymous, and children are encouraged to colour in the character as themselves, so that they live the story and can see themselves as heroes.

Each book sold comes with a seed, so that the reader can be a hero in real life and start to tackle the damage by planting their own seed to grow. 'Books of Life' are unique as each page is created and illustrated by individual team members: made by young people, for young people.

This year's Managing Director is **Chris Mathew**, who leads a team of 12 fellow Year 10 students; **Felix Anil, Jack Daniels, David Gherman, Flynn Kane, Albert Jackson, Dona Jiju, Ewan McNamara, Kacper Nowacki, Ruben Sivajoti, Aleena Thomas, Allen Trinidad, and Joanna Wesolowska.**

The team was fortunate enough to get creative guidance and inspiration from Tessa Yates, who taught Geography at St Bede's, before embarking on a career as a children's author and illustrator. Miss Yates kindly lead a two hour workshop with the team, telling the story of her business 'The Happy Book Company', and how her book 'Squirrel and the Three Bears' was born. Miss Yates said of the team 'They are a super impressive team of young entrepreneurs creating books for children with a positive message about the environment!' We wish all the team the very best of luck in the forthcoming months.

'Books of Life' will be selling their book at their first competition of the year at St Nicholas Market on **Saturday 30th November** from 10am until 3pm.



## OXBRIDGE INTERVIEWS

We were delighted this week to hear that **four** of our Areté students have been successful in obtaining interviews at both **Oxford and Cambridge** universities. **Mateusz Smagacz** is hoping to read Earth Sciences and **Shanaz Sharonsenthil** Law at Oxford. **Anaxia Uthayakumar** Psychology and **Hal Hewlett** English at Cambridge. We wish them all the very best of luck in their interviews which take place over the next few weeks.

## LANGUAGES DAY

Last Friday the Languages department celebrated the 'European day of Languages,' with numerous fun activities. There was a poster competition which required entrants to portray languages in a creative way. Congratulations to year 7 pupil **Nicole Armour** who was awarded first place, joint second winners **Aleena Berly** and **Angela Tanga** and **Eva Fernandes** who was awarded third place.



We also wanted to draw attention to the amount of languages spoken in the college. Ms Saban and Mrs Scadding's tutor group had the joint largest amount of languages with 11 each.

A language themed quiz took place in tutor period, Congratulations to Ms Saban's tutor group who were the winners.

At break time there was a 'French café' where croissants and pain au chocolat were on sale. Needless to say, this was very well attended and all pastries were sold out.

Finally, there was a Latin themed Zumba dancing session in the dance studio at lunch time which was extremely well attended. Pupils enjoyed dancing to Latin American beats in a Zumba style and were truly exhausted at the end. A successful day celebrating the European day of Languages.



## POLITE REQUEST

As a courtesy to our local residents please can we ask that when waiting for your child after school you do not leave your engine idling. Thank you.

## MESSAGE FROM FOOD DEPARTMENT

If you are having a pre-Christmas tidy up and have kitchen utensils that you no longer require, the food department would be grateful for any donations. Thank you in advance.

## WORLD ITF TAEKWON-DO CHAMPIONSHIPS

Congratulations to year 11 pupil **Sophia San Pedro** who recently competed in the **World ITF Taekwon-do Championships** held in Scotland representing the Philippines from UKTC Bristol.

There were more than 600 competitors representing 22 countries from almost 100 different Taekwon-do clubs.

We were delighted to hear that Sophia won a Silver medal for Individual Sparring (Female 16-17 age group category) and a Bronze medal for Individual Patterns (Female 14 -16 age group category). An excellent achievement, well done Sophia!

## REGIONAL TANG SOO DO CHAMPIONSHIP

Congratulations to year 8 pupil **Emily Harkin** who competed in the **Regional Finals for Great Britain Tang Soo Do** last weekend.

Emily was thrilled to win first place in sparring for her age and belt category. A fantastic achievement, well done!

Thank you Emily for allowing us to print your photograph.



## BRISTOL SCHOOLS CUP SUCCESS

Congratulations to our Year 9 Rugby team who contested the semi final and final of the **Bristol Schools Cup** and were victorious in both, beating Ashton Park in the final.

They are unbeaten this season and have been represented by over 30 members of their year group which sets them up well to challenge for the National Cup next year.



## SENIOR BASKETBALL

The senior basketball team had their first game of the new season last week and were comfortable winners against Redland Green School, winning 53-30. For several of the team, this was their first game for the college, including **Lucki Berondo**, who scored several baskets including a 3 pointer. Congratulations boys!

Thank you Lucki for allowing us to print your photograph.



## SUCCESS FOR YEAR 7 NETBALL TEAM

Congratulations to the Year 7 Netball team who won the **North Bristol Netball tournament** at Clifton college last Wednesday, 20th November. They won 4 games and drew 1 in the group stages, and beat Redland Green School in the semi final and Bristol Free School in the final. They will now play Ashton Park in the all **Bristol finals** on Tuesday, 10th December.

The team have been unbeaten all season, well done and Good Luck!



## SCHOOL NURSING TEAM

The school nurse is available every Wednesday lunchtime in B6 to offer confidential advice and guidance to our students. With no appointment necessary, pupils can drop in from 1.15pm—2.00pm.

We are very pleased to share with our parents a book recommendation from the nurse. **'Don't let your emotions run your life for teens'** by Sheri Van Dijk is a workbook that can help find new ways of managing your feelings so that you'll be ready to handle anything life sends your way.

## COMMUNITY DANCE SESSIONS

Sarah Stone Dance Community are running dance classes every Thursday for students aged 10-18 years old in the Lecture Theatre at St. Bede's Catholic College. The aim is to give students the opportunity to learn a variety of dance styles and skills, whilst having fun and making new friends. Classes cost £3.00, and up to 5 pupil premium students from St. Bede's can participate for free at each session. Classes are held from 5.00-6.00pm for 10-13 year olds, and 6.00-7.00pm for 14-18 year olds.

For more information, please search for 'Sarah Stone Dance Community' on Facebook, or contact Sarah directly at [sarahstonedance1@gmail.com](mailto:sarahstonedance1@gmail.com) or 07402404969.

## YEAR 11 PROM—A REMINDER FOR PARENTS

A reminder that payment for the Year 11 Prom is now due. Payment of £34.00 can be made online through Scopay or by cash or cheque to the Finance Office. We ask that all payments are made by **Monday, 2nd December**.

The Year 11 Prom is always a great evening and a wonderful way to celebrate the end of the GCSE period with friends and teachers.

## ILLNESS

At this time of year there are numerous nasty bugs around. If a child vomits they are unable to return to school for **48 hours** after the vomiting stops.

Please encourage regular hand washing (soap and water) and personal hygiene.

## PUPIL REPORTS

Please ensure you log on to the parent app to view your child's report this term. Years 7, 8, 11 and 12 have already been uploaded. Years 9, 10 and 13 will be available in December. If you need a new invitation to the app please email: [simsparent@stbcc.org](mailto:simsparent@stbcc.org)

### **I can't remember my password. What should I do?**

Visit the website of your account provider (i.e. Microsoft, Google, Facebook or Twitter) and follow their instructions for resetting your password.

### **I have signed into SIMS Parent before but I can't sign in now. What should I do?**

Ensure you are logged in with the correct account (i.e. the account you used during the SIMS Parent registration process)

To sign out of an incorrect account, visit the account provider's website (e.g. Google, Facebook, etc.) and sign out. Close the browser completely. Open a new browser window and log in to SIMS Parent, using the account details you used during the registration process.

Alternatively, try accessing SIMS Parent through a private browser window; this will ignore any other logged in accounts. This can be achieved using various browsers:

In Internet Explorer, hold down Ctrl + Shift on the keyboard and press P.

In Google Chrome, hold down Ctrl + Shift on the keyboard and press N.

In Firefox, hold down Ctrl + Shift on the keyboard and press P.

In Safari, select Safari > Private Browsing.

If you still cannot sign in to SIMS Parent having followed the advice in this section, please email: [simsparent@stbcc.org](mailto:simsparent@stbcc.org)

## BOBBLE HATS

As the winter season approaches, we are pleased to offer our bobble hats to all of our students.

Not only do they make a great winter addition to our uniform, they also help in another way. We'll let their manufacturers 'Noggin' explain how:

*"Here at Noggin Sport, we are dedicated to raising awareness of the effects of mental illness in sport."*

The hats are available in Small or Large and cost £10. They are available to buy from the uniform shop every Friday at break time.



## CHINA

We are delighted to have had a fantastic response to our China trip next October and are pleased to confirm that the trip will go ahead.

The official deadline for student forms and deposits is today (Friday), so if any children have not yet submitted these to Mr Goodman please could they do so by Monday at the very latest.

## CHRISTMAS LUNCH Wednesday 11th December



Tickets will be available to purchase from the snack bar at break time from

**Monday 2nd December to Tuesday 10th December**

Please note pupils will be able to purchase sandwiches and drinks from the snack bar during break time on the 11th December and drinks only from the snack bar at lunch. No other meals will be available. It is always such a lovely occasion. We look forward to sharing it with our pupils.

## SAFEGUARDING SPOTLIGHT

### "On site, out of sight" Reminder



As you are aware, our college policy on mobile phones, recognises the safeguarding benefits of young people having mobile phones for the journey to and from college.

The policy is "on site, out of sight", meaning students can bring mobile phones to college but they must be kept out of sight when in college – either in their bag or in their locker, switched off.

Bringing a mobile phone will be at the student's own risk and the college will not accept responsibility for damage or loss of any such item. A failure to keep mobile phones, in any area of the college including Reception, "out of sight" will result in them being confiscated. Collection of confiscated items by parents from the college reception can be arranged by appointment.

**Therefore, under no circumstances should children be phoning or texting home to report any discomfort or illness. Children who are feeling unwell must report to First Aid in the college as directed by a member of college staff.**



## Matters of the Mind

Worried about things that go round and around in your head?

**Top tip:** Try and allocate a set time each day to stop and think about your worries. If a worry arrives outside of your set time, say "I will consider that worry later, at my set time"

Find out the full story here: <https://www.bbc.co.uk/programmes/p03rwr72>

Professor Ad Kerkhof: Courtesy of BBC 'All in the Mind'