

Autumn/Winter
2018/2019

Food

Super Heroes

Menu

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£380*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children in reception and years 1 & 2 are entitled to FREE school meals through the Government's 'Universal Infant Free School Meals' initiative. So who are we? We're Chartwells and are responsible for preparing your children's tasty meals. We love to help children discover and learn about the food they eat, where it comes from and how it's prepared. It's great fun for them and us!

*This saving will depend on the cost of a meal at your school.

Lovingly prepared,
tasty and nutritious
school meals.

We are proud
to have our own
team of registered
nutritionists.

If you would like to know more about schools meals contact our local office
0117 4406456 email: NESomersetqueries@compass-group.co.uk


Chartwells
EAT LEARN LIVE

Week one

Monday

05/11 26/11 17/12 21/01 11/02 11/03 01/04

Choose a main meal...

Mac 'N' Cheese ✓
Mild Potato & Chickpea Curry ✓

on the side...

Sweetcorn
Peas

for dessert...

Flapjack with Fruit Slices

Tuesday

Choose a main meal...

Farm Assured Chicken Mayo Bun with Jacket Wedges

Creamy Broccoli & Sweetcorn Pasta ✓

on the side...

Roasted Vegetables
Carrots

for dessert...

Pear & Ginger Crumble with Custard

Wednesday

Choose a main meal...

Farm Assured Roast Turkey with Roasted Potatoes & Gravy

Sweet Potato & Chickpea with Roasted Potatoes ✓

on the side...

Green Beans
Cauliflower

for dessert...

Chocolate Ice Cream

Thursday

Choose a main meal...

Farm Assured Pork Ragu with Rice

Vegetable & Cheese Crumble with New Potatoes ✓

on the side...

Carrots
Broccoli

for dessert...

Brownie Cake

Friday

Choose a main meal...

Crispy Fish & Chips

Crispy Battered Pollock with Chips

Quorn Dippers with Chips ✓

on the side...

Baked Beans
Crunchy Coleslaw

for dessert...

Lemon Shortbread

Week two

12/11 03/12 07/01 28/01 25/02 18/03

Choose a main meal...

Mozzarella & Tomato Pizza ✓
Vegetable Biryani ✓

on the side...

Broccoli
Sweetcorn

for dessert...

Vanilla Ice Cream

Choose a main meal...

Organic Pork Sausages with Cheesy Mash

Vegetarian Sausages with Cheesy Mash ✓

on the side...

Baked Beans
Roasted Vegetables

for dessert...

St Clements Sponge Cake

Choose a main meal...

Farm Assured Roast Turkey with Roast Potatoes & Gravy

Cauliflower & Broccoli Cheese Bake with Potatoes & Gravy ✓

on the side...

Roast Parsnip
Carrots

for dessert...

Oatie Biscuit with Fruit Slices

Choose a main meal...

Farm Assured Chicken & Tomato Lasagne with Garlic & Herb Bread Wedge

Vegetarian Tagine with Rice ✓

on the side...

Green Beans
Cauliflower

for dessert...

Apple & Berry Crumble with Custard

Choose a main meal...

Golden Fish Fingers & Chips

Salmon Fish Fingers & Chips

Mediterranean Tart & Chips ✓

on the side...

Peas
Baked Beans

for dessert...

Banana & Apricot Flapjack

Week three

£2.00

19/11 10/12 14/01 04/02 04/03 25/03

Choose a main meal...

Mozzarella & Tomato Pizza with Jacket Wedges ✓
Tomato & Vegetable Savoury Rice ✓

on the side...

Peas
Roasted Vegetables

for dessert...

Strawberry Ice Cream

Choose a main meal...

Farm Assured Chicken & Broccoli Pie with New Potatoes

Creamy Tomato & Basil Pasta ✓

on the side...

Carrots
Green Beans

for dessert...

Raspberry Ripple Cake

Choose a main meal...

Farm Assured Roast Pork with Roasted Potatoes & Gravy

Quorn Roast with Roasted Potatoes & Gravy ✓

on the side...

Seasonal Cabbage
Carrot & Swede Mash

for dessert...

Peach Slice

Choose a main meal...

Beef Macaroni Bake with Garlic & Herb Bread Wedge

Vegetable Korma with Rice ✓

on the side...

Broccoli
Sweetcorn

for dessert...

Shortbread Fingers with Fruit Slices

Choose a main meal...

Golden Fish Fingers with Chips

Salmon Fish Fingers with Chips

Baked Bean & Cheese Quesadilla with Chips ✓

on the side...

Peas
Crunchy Coleslaw

for dessert...

Pineapple Upside Down Cake with Custard

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

If your child receives or needs a special diet or allergen menu, please speak to your catering manager or contact us. Our special diet menu can be provided following documentation from a medical professional. Jacket Potatoes with Assorted Fillings, Fresh Fruit & Yogurt Provided Daily.



WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY



All our bananas are FAIRTRADE

