

Spring/Summer
2018

FREE

Super Hero school
meals for every
child in reception
and years 1 & 2

You could
save over
£380.00*
per child per year

We engage
with children
through fun
food activities.

Since September 2014, children
in reception and years 1 & 2 are
entitled to FREE school meals
through the Government's
'Universal Infant Free School
Meals' initiative. So who are we?
We're Chartwells and are
responsible for preparing your
children's tasty meals. We love
to help children discover and
learn about the food they eat,
where it comes from and how
it's prepared. It's great fun for
them and us!

Lovingly prepared,
tasty and nutritious
school meals.

We are proud
to have our own
team of registered
nutritionists.

If you would like to know more about our school meals please contact:
Dexter Cole 0117 4406456, email; Dexter.Cole@compass-group.co.uk

Food

Super
Heroes
Menu

Chartwells
EAT LEARN LIVE

Week one

Monday

16/04 07/05 04/06 25/06 16/07 03/09 24/09 15/10

Choose a main meal...

Mozzarella & Tomato Pizza with Pasta Salad ✓
Mediterranean Summer Beans with Rice ✓

on the side...

Crunchy Salad
Peas

for dessert...

Wedges of Melon & Orange

Tuesday

Choose a main meal...

Chicken Mayo Burger with Jacket Wedges
Vegetable Biryani ✓

on the side...

House Coleslaw
Sweetcorn

for dessert...

Mini Chocolate Brownie with Banana and Custard

Wednesday

Choose a main meal...

Roast Pork with Roast Potatoes & Gravy
Quorn Roast with Roast Potatoes & Gravy ✓

on the side...

Seasonal Cabbage
Carrots

for dessert...

Blueberry Frozen Yoghurt

Thursday

Choose a main meal...

Beef Chilli with Rice
Macaroni, Cheese & Sweetcorn Bake ✓

on the side...

Broccoli
Cauliflower

for dessert...

Berry Flapjack

Friday

Choose a main meal...

Crispy Fish & Chips
Veggie Hot Dog with Chips ✓

on the side...

Baked Beans
Peas

for dessert...

Orange Shortbread with Yoghurt Dipper

Week two

23/04 14/05 11/06 02/07 23/07 10/09 01/10 22/10

Choose a main meal...

Mac 'N' Cheese ✓
Vegetarian Moussaka with Garlic & Herb Bread
Wedge ✓

on the side...

Broccoli
Sweetcorn

for dessert...

Vanilla Ice Cream

Choose a main meal...

Pork Sausages with Creamy Mash & Gravy
Vegetarian Sausages with Creamy Mash & Gravy ✓

on the side...

Carrots
Seasonal Cabbage

for dessert...

Chocolate & Banana Mousse Pot

Choose a main meal...

Roast Turkey with Roast Potatoes & Gravy
Cauliflower & Broccoli
Cheese Bake with Roast Potatoes & Gravy ✓

on the side...

Peas
Roasted Vegetables

for dessert...

Oatie Biscuit with Fruit Slices

Choose a main meal...

Beef Keema Curry with Rice
Creamy Tomato & Basil Pasta ✓

on the side...

Carrots
Green Beans

for dessert...

Carrot & Banana Slice with Custard

Choose a main meal...

Golden Fish Fingers & Chips
Bean Burger in a Bun with Tomato Relish & Chips ✓

on the side...

Baked Beans
Crunchy Coleslaw

for dessert...

Strawberry Jelly

Week three

£2.00

09/04 30/04 21/05 18/06 09/07 17/09 08/10

Choose a main meal...

Cheesy Pizza Bianca with Jacket Wedges ✓
Vegetarian Bolognese Pasta ✓

on the side...

Peas
Apple Slaw

for dessert...

Mango Frozen Yoghurt

Choose a main meal...

Creamy Mild Chicken Curry with Rice
Quorn Frankfurter Pasta Bake ✓

on the side...

Broccoli
Carrots

for dessert...

Peach Crumble with Custard

Choose a main meal...

Roast Chicken with Roast Potatoes & Gravy
Country Vegetable Pie with Gravy ✓

on the side...

Seasonal Cabbage
Sweetcorn

for dessert...

Wedges of Pear, Apple & Orange

Choose a main meal...

Bolognese Pasta
Mild Potato & Chickpea Curry with Rice ✓

on the side...

Green Beans
Roast Mediterranean Vegetables

for dessert...

Chocolate & Gingerbread Bite

Choose a main meal...

Crispy Salmon Fillet & Chips
Golden Fish Fingers & Chips
Bean & Pepper Fajita with Chips ✓

on the side...

Baked Beans
Peas

for dessert...

Strawberry Cheesecake

All our milk is Red Tractor approved



WE BUY 95% of our seasonal vegetables direct from British growers



FRESH SALAD IS AVAILABLE ON A DAILY BASIS

REDUCING OUR CARBON FOOTPRINT OVER 30% of our products are transported by vehicles that run on biodiesel

WE SUPPORT 82 BRITISH DAIRY FARMS



We only use Lion Quality British Eggs



FARM TO FORK We can trace every cut of meat back to the farms of origin

ALL OUR BREAD IS FRESHLY BAKED EVERY DAY

All our bananas are FAIRTRADE

